

Volume 10 Issue 8

July 2010

EV'S 116th Issue!

BC ELDERS COMMUNICATION CENTER SOCIETY



ELDERS VOICE

ATTENTION:

Elders Contact People
Please Remember To Make Copies of The Elders Voice Each Month For Your Elders
And If You Could Also Make Copies For Your Chiefs and Councils That Would Really Help In Keeping Everyone Up-To-Date On Elders Matters.

RE-INVOICE Message: Your Help Is Still Needed

Dear Elders and Elders Support Workers, Presidents, Chief and Councils, & Boards of Directors

Support Invoices accompany the Nov. issue of the Elders Voice each year dated for Dec. 1st 2010, and now that we are at mid-year groups are asked to please see if you can assist with the costs for this provincial elder's office to operate. If all offices could still help by paying the \$250 yearly support fee or by paying for half a year of support of \$125.

Your consideration is very much appreciated and your help is needed for the elders. If your office/group needs another copy of the Invoice faxed or emailed please call: 1-877-738-7288 or bcelders@telus.net

Thank you, Donna Stirling, BCECCS Coordinator, Secretary, BC Elders Council

Change: Future issues of the EV will no longer be listing individual birthdays.

HAPPY BIRTHDAY TO ALL ELDERS BORN IN JULY!!!

****ANNOUNCEMENT****

Beginning in July through the August, your BC Elders Council Members will be conducting 50/50 draws in local communities to help fundraise for the BC Elders Communication Center Society. Any group who does not yet have a member on the BC Elders Council is encouraged to contact the office at bcelders@telus.net.

These funds are truly needed, your support is much appreciated.

Inside this issue

| | |
|---|-----|
| Easy Bakers Corner/Handy Tips/Website Information | 2 |
| List of Paid Support Fees | 3 |
| Gender Equity | 4-5 |
| Minister Strahl Speech | 6-7 |
| FN WATER BILL TABLED | 8 |
| MCFD - Safety Checks | 9 |
| Harvard Study | 10 |

| |
|--|
| Pg. 11: N.L. Residential School Lawsuit |
| Pg. 12: Murdered and Mission Women |
| Pgs. 13-15: UBCIC and HST Press |
| Pgs. 16-17: Signs of Meniere's Disease |
| Pg. 17: "Comes The Dawn" Poem |
| Pg. 18: University of Victoria Student and Parent's Prayer |
| Pg. 19: St. Eugene Resort and Casino |
| Pg. 20: Nuuchahnulth Legal Battle |
| Pg. 21: Renew Aboriginal Healing Foundation |
| Pg. 22: Online and In-Class Learning |
| Pg. 23: Car Air Conditioners |
| Back Pg: |
| Annual Elders Gathering Info |

Easy Bakers Corner – Jumbo Raisin Cookies - from Conayt F.S.

Boil 2 cups of raisins in 1 cup of water for 5 minutes; let cool in water. Cream 1 cup of butter or margarine, 2 cups of sugar, 3 eggs, and 1 tsp. of vanilla. Add cooled raisins and juice. Sift together 4 cups of flour, 1 tsp. of baking powder, 1 tsp. of baking soda, 1 1/2 tsp. of cinnamon, 1/4 tsp. of allspice, 1/4 tsp. of nutmeg and 1/2 tsp. of salt; Add to butter mixture. Stir well. Add 1 cup chopped nuts and mix well. Chill dough for 1 hour. Drop by teaspoon onto ungreased cookie sheet. Bake at 325°F for 12 to 18 minutes.

HANDY TIPS: INFO ABOUT CLOTHES DRYERS

The heating unit went out on my dryer! The gentleman that fixes things around the house for us told us that he wanted to show us something and he went over to the dryer and pulled out the lint filter. It was clean. (I always clean the lint from the filter after every load clothes.) He told us that he wanted to show us something; he took the filter over to the sink, ran hot water over it. The lint filter is made of a mesh material - I'm sure you know what your dryer's lint filter looks like. Well,...the hot water just sat on top of the mesh! It didn't go through it at all! He told us that dryer sheets cause a film over that mesh that's what burns out the heating unit.

You can't SEE the film, but it's there. It's what is in the dryer sheets to make your clothes soft and static free -- that nice fragrance too, you know how they can feel waxy when you take them out of the box, well this stuff builds up on your clothes and on your lint screen. This is also what causes dryer units to catch fire & potentially burn your house down with it! He said the best way to keep your dryer working for a very long time (& to keep your electric bill lower) is to take that filter out & wash it with hot soapy water & an old toothbrush (or other brush) at least every six months. He said that makes the life of the dryer at least twice as long!

What Can you please share?

The following is a short list of Elders suggestions of what might be shared: Your local Newsletters/Upcoming Local Events/Prayers/Poems/Quotes/Comments/Storytelling/Drawings/Articles of Interest/Native Songs Lyrics/Wellness Seminars/Obituaries, etc. Submissions are best forwarded to me via email by the 15th of the preceding month. If you are interested in providing articles, please do so, I look forward to hearing from anyone who wants to contribute to the content of your newsletter.

Gilakasla, Donna Stirling

'PRESERVING THE PAST'

New Elder's Website: www.bcelders.com

The *First Ever* Elder's Website "Preserving the Past" is now online (as of Sept. 2002). Registration forms, booth forms, maps of the host territory, accommodation information, etc. concerning the Annual Elders Gatherings are available each year on the BC Elders Communication Center Society's website www.bcelders.com as soon as they are made available from each new host community.

Issues of your Elders Voice Newsletter are also posted on the website each month, though all issues still continue to be mailed out to your Elder's Contact People throughout the province (to ensure that no one is left out because of a lack of access to the internet).

Disclaimer:

Health articles, etc. are provided as a courtesy and neither the BC Elders Communication Center Society's Board/Members or anyone working on its behalf mean this information to be used to replace your doctor's and other professional's advice. You should contact your family physician or health care worker for all health care matters. Information is provided in the Elders Voice for your reference only. And opinions contained in this publication are not those of Donna Stirling, Coordinator unless her name appears below the material.

BC ELDERS COMMUNICATION CENTER SOCIETY

10th Year GRATITUDE LIST

Of Groups Who Have Thankfully Paid Their \$250 'Yearly Support Fee'
For the Dec. 1st 2009 – Nov. 30th 2010 Year

1. Indian Residential School Survivors Society
2. Ditidaht First Nation
3. Qualicum First Nation
4. Cowichan Elders
5. Tsleil-Waututh Nation
6. Laich-Kwil-Tach Treaty Society
7. BC Assoc. of Aboriginal Friendship Centres
8. Kla-How-Eya Circle of Elders
9. BC Transmission Corporation
10. K'omoks First Nation
11. Douglas Band
12. Kluskus Indian Band
13. Lower Nicola Indian Band
14. Ki-Low-Na Friendship Society
15. Hartley Bay Village Council
16. Squiala First Nation
17. Akisqnuq First Nation
18. Wei Wai Kum First Nation
19. Wet'suwet'en First Nation
20. Kitamaat Village Council
21. McLeod Lake Tse'khene Elders Society
22. Da'naxda'xw First Nation
23. Gitwangak Education Society
24. Quatsino Band
25. Spallumcheen Indian Band
26. Williams Lake Indian Band
27. Bridge River Indian Band
28. Lytton First Nation
29. Lower Kootenay Band
30. Ehattesaht Tribe
31. Xaxli'p Indian Band
32. Adams Lake Indian Band
33. Kwikwetlem First Nation
34. Osoyoos Indian Band
35. Hailika'as Heiltsuk Health Centre
36. Carnegie Community Centre
37. First Nations Health Society
38. We Wai Kai Nation
39. Hesquiaht First Nation
40. Sumas First Nation
41. Kamloops Indian Band
42. Shxwha:y Village
43. Ki-Low-Na Friendship Society
44. Chawathil First Nation
45. Gingolx Elders
46. Doig River First Nation
47. Soowahlie Health Services
48. Union of British Columbia Indian Chiefs
49. Whispering Pines/Clinton Indian Band
50. Seton Lake Elders
51. Dzawada'enuxw First Nation
52. Tobacco Plains Indian Band
53. Cook's Ferry Indian Band
54. Shxw'ow'hamel First Nation
55. Carrier Sekani Family Services
56. Gitanyow Human Services
57. Gitxsan Health Society
58. Simpcw First Nation
59. Ulkatcho Indian Band
60. Ka:'Yu:'k't'h'/Che:k'tles7et'h' Nation
61. Tansi Friendship Centre Society
62. Ts'kw'aylaxw Elders
63. In-SHUCK-ch Nation
64. Leq'a:mel First Nation
65. British Columbia Assembly of First Nations
66. Tsawwassen First Nation
67. Taku River Tlingit First Nation
68. Nicomen Indian Band
69. Ts'ikt Elders (Nuxalk)
70. Eniyud Health Services (Xeni Gwet'in F.N.)
71. T'IT'Q'ET Elders Council
72. Pacheedaht First Nation (\$125)
73. Yakweakwoose First Nation
74. Nuuchahnulth Tribal Council
75. Mount Currie Band Council
76. Chawathil First Nation

50 More Fees Are Needed By The End Of August!!

Consensus agreement – Collective support for amendments to Bill C-3 (*Gender Equity in Indian Registration Act*)

We, the undersigned Indigenous organizations and individuals, have considered Bill C-3 (*Gender Equity in Indian Registration Act*) introduced by the Minister in response to the direction given by the B.C. Court of Appeal in the *Mclvor v. Canada (Indian Registrar)* case to eliminate discrimination in *Indian Act* against descendants of Indian women who lost status due to marriage.

We acknowledge that these changes are minor and will not address broader issues of discrimination under the *Indian Act* (such as the second generation cut-off under s. 6(2) which currently denies generations of children status), or the recognition of Indigenous nationhood, citizenship and laws as protected under s. 35(1) of the *Constitution Act, 1982* and reflected in the ***United Nations Declaration on the Rights of Indigenous Peoples*** which directs that:

Indigenous peoples and individuals have the right not to be subjected to forced assimilation or destruction of their culture.

States shall provide effective mechanisms for prevention of, and redress for:

Any form of forced assimilation or integration...

Recognition of Indigenous peoples' right to determine our own citizenship according to our own laws – which respect and honour the role of Indigenous women within Indigenous societies and cultures - is essential to our continued survival as peoples.

There are immediate changes which can be made to Bill C-3 to address issues of immediate discrimination against Indian women and their descendants. Such changes were suggested by the Standing Committee, but overruled by the Speaker. It is within the power of the Prime Minister and Cabinet to institute changes to Bill C-3 which would eliminate several areas of discrimination that remain against descendants of Indian women who lost status due to:

- (a) Their grandmother's marriage to a non-status man, if they were born before the September 4, 1951 cut-off date currently reflected in Bill C-3; and
- (b) The fact that the Registrar "deemed" their father/grandfather to be non-status. Currently, Bill C-3 restores status to people who lost status due to marriage of an Indian woman to a non-status man, but does not address the situation of people who were born outside of marriage and lost status because the Indian Registrar deemed their father to be non-status.

There is an opportunity to prevent further discrimination against Indigenous women and their descendants through some minor amendments to Bill C-3 to apply the Act to both those who lost status due to marriage to a non-status person, **and** those who lost status even though they were born outside of wedlock because the Registrar deemed their father to be non-status.

We strongly urge the Government and opposition parties to make amendments to Bill C-3 to:

1. ***Eliminate the 1951 Cut-Off date for return of status, and to include those who are denied status, even though their Indian woman ancestor lost status due to marriage, because they were born before September 1951.***
2. ***Include those who lost status because they were born outside of marriage, and the Registrar deemed their father to be non-status (under s. 11(e) of the Indian Act as it then was).***

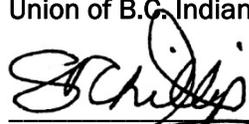
These amendments are necessary to address issues of fundamental justice and fairness to Indian women and their descendants who continue to face discrimination under the *Indian Act*. If these minor amendments to Bill C-3 are not made, Canada will face future Charter challenges, and will perpetuate discrimination against Indigenous women and their descendants.

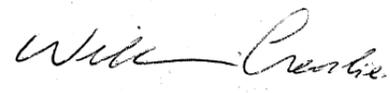
Finally, long-term solutions do not lie in further tinkering with the *Indian Act*. Our Nations have an inherent right to determine who is and who is not a Citizen of our Nations in accordance with our own laws, customs and traditions. This is fundamental to self-government. The real and ultimate solution to addressing ongoing discrimination in the *Indian Act* lies in the full recognition of First Nations' jurisdiction over our own citizenship.

Respectfully submitted on behalf of:

Union of B.C. Indian Chiefs




Grand Chief Stewart Phillip, President

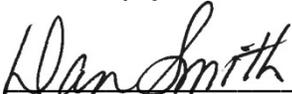

Chief Willie Charlie, Vice-President


Chief Bob Chamberlin, Secretary-Treasurer

First Nations Summit




Grand Chief Doug Kelly


Dan Smith


Grand Chief Edward John

BC Assembly of First Nations




Regional Chief Jody Wilson-Raybould

Minister Strahl delivers a speech on the New Food Retail Subsidy Program

Speaking Notes for the Honourable Chuck Strahl, PC, MP Minister of Indian Affairs and Northern Development and Federal Interlocutor for Métis and Non-Status Indians Announcing A New Food Retail Subsidy Program

Minister Strahl delivers a speech on the New Food Retail Subsidy Program

Iqaluit, Nunavut May 21, 2010

Check against delivery

Good morning,

I'm very pleased to be in Iqaluit today and to be joined by my colleague, Minister of Health Leona Aglukkaq.

In addition to serving all Canadians in the health portfolio, Minister Aglukkaq is also a valuable voice within our government on northern issues. She has lived and worked in the North for many years, and understands the issues facing Northerners.

I am very pleased to work with you, Minister, on this initiative we're announcing today, which addresses one of our most important responsibilities — putting healthy food on the table.

For remote northern communities, this is often a challenge. Many healthy foods — especially perishable items — are expensive to transport. Since the 1960s, the Food Mail Program has provided a transportation subsidy to reduce food costs for people in remote communities.

The important task of helping people access healthy food is one this Government takes very seriously. We recognize that having access to healthy food is vital to the quality of life here and we are committed to ensuring that we do this effectively and efficiently.

I am proud to announce that working collaboratively with Northerners, including those in the transportation and retail sectors, we have developed a new food retail subsidy program, Nutrition North Canada, will make healthy food more accessible and affordable in the North.

The new program is innovative and modern. It will replace the Food Mail Program, launched and designed some 40 years ago and will establish a program that can respond effectively to the needs of Northerners in the 21st Century.

More specifically, rather than providing a subsidy to Canada Post to ship perishable food to isolated northern communities, we will provide a subsidy to retailers and wholesalers. These organizations are in the best position to negotiate low transportation rates, and to ensure that food is shipped in a timely manner so consumers have better quality and fresher food with a longer shelf-life.

We will also make formal arrangements with retailers and wholesalers to ensure that the subsidy is given visibility and savings are passed-on to consumers.

Together with Health Canada, we are also going to make more information available on healthy eating and mealtime options.

In re-designing this program, it is important to emphasize that we sought advice from the best possible source — people living in the North. We recognize that this is a program for the North and should be informed by Northerners. These are people who do the shopping, prepare the meals and work to make the best use of their budget.

We heard from mothers who told us that sometimes they go without healthy food so that they can give more to their children. This is unacceptable and one of the reasons that the new program will include a higher rate of subsidy for the most nutritious foods like fruits, vegetables, milk and eggs. This will help families afford more of these items and allow them to make healthier choices.

We also know that more country foods are now available for sale in stores. That is why the new program will support and improve access to commercially produced traditional foods in the North.

While we are unveiling a new program today, it is important to highlight that we also listened to what Northerners thought worked well in the Food Mail program - such as Personal Orders, which support those who have special dietary or other needs. Personal Orders also preserve a measure of competition to Northern retailers. I am happy to confirm that Nutrition North Canada will maintain the personal order option. Individuals and institutions will STILL be able to place personal orders and benefit from the subsidy.

In addition, more than 80% of the goods that are currently shipped under the Food Mail Program will still be eligible.

Northerners also made it clear that in order to make the program more sustainable and to maximize resources they were open to focusing the subsidy on the healthiest foods that **must** be shipped by air. For those items that **do not need** to be shipped by air, retailers can use other more efficient methods of transportation, such as the sealift.

By announcing these changes today, we want to ensure that people have adequate time to adjust as we transition to the new model.

Going forward we will continue to seek input from Northerners. An Advisory Board is being created to give Northerners a direct voice on this program. And I want to thank Elizabeth Copland for agreeing to serve as chairperson of the board.

With the exception of changes to the eligibility list that take effect in October, the current Food Mail Program will continue on for the next ten months. We think this is important so that people using the program and those providing services will have time to respond, to adjust and to take advantage of the benefits and opportunities that the new program will offer. Full implementation of Nutrition North Canada is set for next spring, in April 2011.

In the meantime — with the help of the Advisory Board — our government will work with affected retailers and wholesalers to support a smooth transition to the new program. In the end, this market-driven model will be more efficient, cost-effective and transparent — for businesses and for consumers.

This is important for all Canadians — because our country can only achieve true prosperity when the North reaches its full potential.

An effective, efficient and responsive food subsidy program is an essential part of a strong and vibrant North. And we will continue to work with you to realize this potential. Thank you.

First Nations water bill tabled

The federal government has introduced a bill to regulate drinking water on First Nations reserves.

This proposed legislation, tabled in the Senate by Indian Affairs Minister Chuck Strahl, follows from the recommendations made by the auditor general's office, the expert panel on safe drinking water for First Nations and the standing Senate committee on aboriginal peoples.

The proposed safe drinking water for First Nations act would allow for the development of federal regulations for drinking water and wastewater to apply in First Nation communities.

Strahl also announced a two-year extension of the First Nations water and wastewater action plan, at a cost of \$330 million.

"First Nations should expect, as do all Canadians, to have access to safe, clean drinking water," Strahl said.

Although legislation for drinking water and wastewater has been developed in provinces and territories, it does not exist in First Nation communities.

Since provinces and territories have existing regulations governing drinking water and wastewater, the federal government would review them to identify areas that can be adapted into federal regulations. At the same time, the law would allow for regional differences and recognize the unique water challenges facing many First Nation communities.

The proposed bill would:

- Provide First Nation communities with drinking water and wastewater standards comparable with provincial or territorial standards off reserves.
- Offer more opportunities for First Nation communities and municipalities to work together in areas such as training and sharing systems.
- Establish a common base to evaluate the effectiveness of the operation, design and maintenance of water and wastewater systems.
- Allow for regional flexibility, as federal regulations could vary from province to province and territory to territory.

With files from Chris Hall

By The Associated Press, thecanadianpress.com, Updated: June 8, 2010 9:30 PM

US teacher finds 1792 document in classroom

PEABODY, Mass. - A Massachusetts teacher cleaning up her classroom in preparation for a move has discovered a U.S. Colonial-era document buried in a pile of outdated textbooks and dusty scraps of papers.

Michelle Eugenio, a fourth-grade teacher in Peabody, found the yellowed sheet of paper two weeks ago. Dated April 1792 and protected by plastic, it appears to document the payment of a debt by a Vermont man named Jonathan Bates.

Peabody Historical Society President Bill Power verified the paper's authenticity. He tells The Salem News he was thrilled with the discovery.

No one knows how the paper ended up at Peabody's Center School or how long it has been there.

Bates served in the Continental Army in 1780 and died in 1808 at age 63. He's buried in Williamstown, Vermont.

INFORMATION BULLETIN

2010CFD0012-000647
June 1, 2010

Ministry of Children and Family Development

SAFETY CHECKS STRENGTHENED FOR KIDS' CAREGIVERS

VICTORIA – In a move aimed to further improve the safety, security and well-being of vulnerable children and youth, the Ministry of Children and Family Development is expanding and improving criminal record checks for all care providers, including foster and adoptive parents and relief workers.

Working with the Ministry of Public Safety and Solicitor General, the ministry has consolidated and streamlined the criminal record check process – results of checks with no criminal record will be available in about 48 hours. Those with a record will take about four to five days, significantly less than current criminal record check times that can take as long as several weeks.

Responsibility for record searches will lie with the ministry – not care providers – and information will be held and managed centrally. About 5,000 criminal record checks are conducted each year for ministry care providers, including delegated Aboriginal agencies.

The improved record checks will apply to all care providers in positions of and will utilize the more comprehensive resources of the Criminal Records Review Program, which has access to the Canadian Police Information Centre (CPIC), the Police Records Information Management Environment (PRIME), the Police Information Retrieval System (PIRS) and the Police Reporting Occurrence System (PROS), as well as the B.C. Court and Correctional Information Systems (CORNET and JUSTIN).

Phasing in of the new system will begin in June with the ministry's Extended Family Program, and will expand to include fostering and adoptions beginning in October of this year.

-30-

Media Contact: Chris Ash
Ministry of Children and Family Development
250 356-1639

For more information on government services or to subscribe to the Province's news feeds using RSS, visit the Province's website at www.gov.bc.ca.

Harvard Study Confirms BC First Nations are Unfairly Bearing the Burden

Press Release June 8, 2010

(Coast Salish Territory/Vancouver, Canada – June 8, 2010) Yesterday, Takla Lake First Nation and the Harvard Law School's International Human Rights Clinic released a 200-page study titled Bearing the Burden: The Effects of Mining on First Nations in British Columbia.

“When companies such as Northgate Minerals (Kemess Mines), Taseko Mining (Prosperity Mine) and Enbridge Pipelines (Northgate Pipeline proposal) complain that regulatory processes, like environmental assessments are too cumbersome; the two senior levels of government kowtow to industry and immediately act introducing amendments to ‘streamline’ their environmental assessment processes,” said Grand Chief Stewart Phillip, President of the Union of British Columbia Indian Chiefs. “When the Declaration on the Rights of Indigenous Peoples, one of the most important international human rights instruments of the United Nations, was adopted by 144 States at the United Nations General Assembly in September 2007, the Government of Canada voted against it.”

The Harvard study examined the mining laws and processes of British Columbia and Canada concluding mining laws are in contravention of international and constitutional laws, stacked against First Nations, favour industry and lack any consideration of shared decision-making, revenue-sharing or fair compensation.

Grand Chief Phillip remarked “In a few short weeks, the Government of Canada will formally announce through pomp and ceremony, its highly qualified support for the UN Declaration in accordance with the Constitution and laws of Canada. With the findings of the Harvard study, First Nations have every right to be greatly worried of what is to come.”

Grand Chief Phillip added “Rather than gutting environmental protection legislation and harmonizing federal/provincial environmental regulatory processes to further favour industry, the Union of BC Indian Chiefs support the findings of the Harvard study that mining laws and processes such as environmental assessments must be overhauled to include and accommodate the unextinguished Indigenous Title, Rights and Treaty Rights of First Nations.”

Grand Chief Phillip concluded “The Harvard Study has reflected, reinforced and validated the increasing alarm in our First Nation communities as third party interests are granted free and unfettered access to the land and resources of our respective territories, governments and the courts protect the interests of industry at the terrible and unacceptable cost of violating our Title and Rights and of the environmental values that many British Columbians hold dear. As long as Canada and British Columbia continue to deny the International and Constitutional legal reality of our Indigenous Rights, the Union of BC Indian Chiefs will always stand in unity and solidarity with any and all First Nations who defend their Indigenous Title, Rights and Treaty Rights.”

- 30 -

Media inquiries:

Grand Chief Stewart Phillip, Union of BC Indian Chiefs

Phone: (250) 490-5314

View the report at: <http://law.harvard.edu/programs/hrp/BearingTheBurden.pdf>. Go to <http://www.fnwarm.ca> and <http://law.harvard.edu/programs/hrp/newsid=83.html> for more information and background.

N.L. residential school lawsuit can proceed

Class action seeks compensation for aboriginal students who were abused

<http://www.cbc.ca/canada/newfoundland-labrador/story/2010/06/08/nl-residential-schools-608.html>

Last Updated: Tuesday, June 8, 2010

CBC News

A judge has given former residential school students from Newfoundland and Labrador approval to proceed with a class action lawsuit that claims they were mistreated at the schools from 1949 to 1979.

About 5,000 aboriginal children, mostly Inuit and some Metis, attended the schools.

When Prime Minister Stephen Harper stood in the House of Commons in 2008 to apologize to former students of aboriginal residential schools, he didn't include Labrador natives.

'Labrador Inuit were left out'—*Jim Nitsman, Labrador Inuk*

The federal government is denying any responsibility for the treatment they received, because the schools were not funded directly by Ottawa.

That didn't stop Labrador Inuit Jim Nitsman from attending the historic apology.

"When I walked out of the Parliament Building, that was the first time I felt Canadian. You know, but it was only the Labrador Inuit that were left out of that one. So it was sad that way," said Nitsman, who blames his schooling 40 years ago for his inability to speak Inuktitut.

Five residential schools were operated in Newfoundland and Labrador. Moravian Missionaries ran two, and the International Grenfell Association operated three.

The federal government maintains it had no involvement with those schools.

In certifying the class action suit, however, Newfoundland and Labrador Supreme Court Justice Robert Fowler said Canada assumed responsibility for the welfare of aboriginal children when the province joined Confederation, and now it must prove it is not responsible for former Newfoundland and Labrador residential school students.

'Physical abuse and mental and cultural abuse. You could even argue cultural genocide'—*Ches Crosbie, lawyer*

St. John's lawyer Ches Crosbie represents some of the former students who are part of the class action group.

"[The aboriginals] are being treated on an unequal basis with aboriginals who reside in other provinces. The federal government has kind of red circled aboriginal residents here and dug their heels in and decided that they're going to fight," said Crosbie.

He said the claims of Newfoundland and Labrador native people are similar to those made by natives who attended residential schools in other parts of Canada.

"It's all connected in the sense that the nature of the allegations are substantially similar as those made in the other residential school cases in the country ... physical abuse and mental and cultural abuse. You could even argue cultural genocide," said Crosbie.

As for Jim Nitsman, he's relieved the class action will now go to court, but he's sad that it's too late for some of his friends who died before the class action was certified.

On Nov. 23, 2005, Ottawa announced a \$2-billion compensation package for aboriginal people who were forced to attend residential schools across Canada.

In 2007, the federal government formalized a \$1.9-billion compensation package for those who were forced to attend residential schools.

Details of the Indian Residential Schools Settlement Agreement include an initial payout for each person who attended a residential school of \$10,000, plus \$3,000 per year. Approximately 86,000 people are eligible for compensation.

Read more: <http://www.cbc.ca/canada/newfoundland-labrador/story/2010/06/08/nl-residential-schools-608.html#ixzz0ql3airjt>

For: Ernie Crey

Contact: Ernie Crey

Primary Phone: 604-393-0598

Secondary Phone: 604-798-4435

Date issued: June 9, 2010, 15:37 e

Attention: Assignment Editor, News Editor, Government/Political Affairs Editor

\$10 Million Dollar Fund - Murdered & Missing Women

Chilliwack, BC, NEWS RELEASE, Jun.09 /CCNMatthews/ - Ernie Crey, the brother of Dawn Crey, wants to know when the federal government will announce its plans for the \$10 million set aside to address the issue of murdered and missing women. Dawn Crey, a member of the Cheam First Nation, vanished from the streets of Vancouver's Downtown Eastside in November, 2000. Her DNA was reported recovered by police in 2004 during their investigation of a property owned by the family of convicted serial killer, Robert "Willie" Pickton.

"Although I was unsure about how the government intended to use the money, I was pleased they set aside the funds to address the issue of murdered and missing women. Given that six months has gone by since the federal government announced the \$10 million, I am not convinced they have come up with a plan yet. This is disheartening for the families of the murdered and missing women across Canada because there are so many worthy women's organizations in desperate need of resources to continue their good work with vulnerable woman like my sister Dawn", said Crey.

Crey says he hopes the federal government decides soon on a plan for the money because people are getting impatient with the foot dragging and apparent secrecy surrounding the fund. He says he will be sending off a letter to the Prime Minister urging him to disclose government's plans for the \$10 million. Crey says the Prime Minister should not allow the fund to continue to be a political football in the House of Commons.

OUR LAND IS OUR FUTURE

UNION OF BRITISH COLUMBIA INDIAN CHIEFS

FOUNDING HEAD OFFICE
209 - 345 Yellowhead Highway
Kamloops, B.C. V2H 1H1
Tel: 250-828-9746
Fax: 250-828-0319



VANCOUVER OFFICE
5th Floor, 342 Water Street
Vancouver, B.C. V6B 1B6
Tel: 604-684-0231
Fax: 604-684-5726
1-800-793-9701
Email: ubcic@ubcic.bc.ca
Web: www.ubcic.bc.ca

NEWS RELEASE

June 8, 2010

HST – A Failure to Communicate

(Coast Salish Territory/Vancouver, Canada – June 8, 2010) Last week, the Chiefs Council of the Union of BC Indian Chiefs met to discuss different issues facing First Nations in BC. As a very urgent issue facing First Nations families and communities, the pending Harmonized Sales Tax was discussed.

A panel consisting of Chief Keith Matthew, Cliff Atleo, Bill Vander Zalm, Chris Delaney and Merle Alexander provided an overview and updated the Chiefs Council.

Subsequently, the Chiefs Council discussed and passed UBCIC Resolution 2010-21, *Support for Legal Challenge to Implementation of HST*. A copy of the resolution is attached.

- 30 -

Media inquiries:
Grand Chief Stewart Phillip, Union of BC Indian Chiefs
Phone: (250) 490-5314

The UBCIC is a NGO in Special Consultative Status with the Economic and Social Council of the United Nations.

OUR LAND IS OUR FUTURE

UNION OF BRITISH COLUMBIA INDIAN CHIEFS

FOUNDING HEAD OFFICE
209 - 345 Yellowhead Highway
Kamloops, B.C. V2H 1H1
Tel: 250-828-9746
Fax: 250-828-0319



VANCOUVER OFFICE
5th Floor, 342 Water Street
Vancouver, B.C. V6B 1B6
Tel: 604-684-0231
Fax: 604-684-5726
1-800-793-9701
Email: ubcic@ubcic.bc.ca
Web: www.ubcic.bc.ca

UNION OF B.C. INDIAN CHIEFS
CHIEFS COUNCIL
JUNE 2ND TO JUNE 3RD, 2010
VANCOUVER, B.C.

Resolution no. 2010-21

RE: Support for Legal Challenge to Implementation of HST

WHEREAS Indigenous Peoples in their respective territories confirm and defend their Aboriginal Title, Rights, ownership and jurisdiction over the lands and resources;

WHEREAS the Union of BC Indian Chiefs is mandated to protect, defend and maintain Indigenous self-determination and Indigenous land rights;

WHEREAS as Indigenous Peoples exercising our sovereignty, First Nations in B.C. have the right to tax and B.C. infringed this right to tax implicit to sovereign governments by excluding First Nations from the unilateral decision to impose the Harmonized Sales Tax (HST);

WHEREAS the HST stands to greatly increase the poverty of First Nations living in B.C. Our collective poverty is of unique relevance to the imposition of HST, as it is the result of historic, institutionalized injustice and seizure of our land and ability to exercise our culture and governance;

WHEREAS by Resolution 2009-41, the UBCIC Chiefs in Assembly supported work regarding the Harmonized Sales Tax (HST) and related tax matters, including:

1. Directing the UBCIC Executive to raise concerns with the provincial and federal governments calling for meaningful consultation and accommodation around the implementation of HST and the Comprehensive Integrated Tax Co-ordination Agreement (CITCA);
2. Striking a representative Chiefs Committee that seeks resources and produces a report on HST and BC First Nations, and a paper analyzing other adverse tax policies affecting BC First Nations;

WHEREAS by Resolution 2009-51, the UBCIC Chiefs in Council nominated and appointed Chief Don Moses, Chief Keith Matthew, and Chief Mike LeBourdais to the HST Committee;

WHEREAS in September 2009, the HST Committee began efforts to engage the provincial and federal Ministries of Finance, and commissioned a report on HST and BC First Nations. The HST Committee made a presentation to the Senate Standing Committee on Finance during hearings on Bill C-62, An Act to Amend the Excise Tax, and has done several press releases speaking out against the imposition of HST;

WHEREAS the Union of BC Indian Chiefs continues to seek a meeting with the provincial and federal finance ministers to advocate for consultation and accommodation with BC First Nations around implementation of HST;

WHEREAS the Fight HST campaign in BC has been dedicated to repealing the HST tax throughout BC, and;

WHEREAS as part of the Fight HST campaign, Bill Vander Zalm launched a Citizen's Initiative petition against the HST on April 6, 2010, and has successfully met the threshold of collecting the signatures of 10 per cent of registered voters in each of the province's 85 ridings, and these signatures will be verified by Elections BC after July 5;

WHEREAS the Fight HST Campaign will ultimately consider a legal challenge to the HST if necessary, on the basis that the HST contravenes the Constitution Act 1867 and the Excise Tax Act;

WHEREAS an HST Panel, consisting of Chief Keith Matthew, Cliff Atleo, Bill Vander Zalm, Chris Delaney and Merle Alexander, presented to and answered questions at the Chiefs Council meeting of June 2010.

THEREFORE BE IT RESOLVED that the Union of BC Indian Chiefs Council directs the HST Committee and UBCIC Executive to continue the HST work as set out in Resolution 2009-41;

THEREFORE BE IT FURTHER RESOLVED that the Union of BC Indian Chiefs Council directs the Union of BC Indian Chiefs HST Committee and Union of BC Indian Chiefs Executive to work with the Fight HST Campaign and other like-minded organizations to continue publicizing impacts of the HST on First Nations in B.C.;

THEREFORE BE IT FINALLY RESOLVED that the Union of BC Indian Chiefs Council supports the Fight HST campaign in exploring legal options, including a constitutional challenge to the implementation of the HST.

Moved: Chief Wayne Christian, Splots'in First Nation
Seconded: Chief Fred Sampson, Siska Indian Band
Disposition: Carried
Date: June 3, 2010

Signs & Symptoms of Meniere's Disease

Unlike many other disorders, Meniere's Disease doesn't really have a "cause". At least, no one has discovered one yet.

Therefore you wouldn't try to eliminate the cause in order to get relief: you would work on the symptoms that give you the most trouble. In this case, for Meniere's people it usually is the vertigo, (loss of balance) tinnitus, (ringing or a roaring sound in the ear), and a degrees of hearing loss.

One of these unpleasant experiences of Meniere's is called an "attack".

Typically, an attack is characterized by a combination of vertigo, tinnitus, and hearing loss and lasts several hours. But people experience these discomforts at varying frequency, duration, and intensity.

Some people feel nauseated and vomit during an attack (because of the spinning feeling). Some people also notice some hearing loss, especially with sounds that have a low tone.

Some may feel slight vertigo (loss of balance) a few times a year. Others may be occasionally disturbed by intense, uncontrollable tinnitus, (ringing in the ear) while sleeping.

Other Meniere's disease sufferers may notice a fluctuating hearing loss and feel unsteady all day long for prolonged periods.

Many of these attacks have a sudden onset with no warning. So it's difficult to be prepared. It's also very scary for anyone around the sufferer.

The vertigo and dizziness are described as a spinning or whirling feeling and may cause problems with balance (feeling unstable while walking). Dizziness is not quite the same as vertigo. Dizziness is more like lightheadedness. It's not nearly as severe in its balance problems as is vertigo.

Vertigo, often the most debilitating symptom of Meniere's disease, forces the sufferer to lie down. Vertigo attacks can lead to severe nausea, vomiting, and sweating and again, come with little or no warning.

Tinnitus, (ringing or a roaring sound in the ear), causes great frustration. The person can't hear above the internal noise: there fore gets left out of conversations and activities. Moreover the noise itself is very irritating. That causes stress. Tinnitus can be a very difficult problem to treat in many individuals and can be quite disrupting to their lifestyle.

Loss of hearing causes many of the same problems as the tinnitus plus it adds its own. The first stage of hearing loss affects the ability to hear low voices and tones. As it progresses, less and less is heard. Again this leads to depression and a feeling of abandonment. The family must be extra aware of all of these side issues. Not only is the person himself feeling emotional and physical pain, but they are also placing extra burden on the family. And they are aware of this. That all leads to more depression.

A person's hearing tends to recover between attacks but over time the symptoms become worse. People also mention feeling of fullness or pressure in the ear. (Or popping, buzzing, or clicking).

As well the following symptoms are mentioned, but not as often as the top three. Again, our bodies are all different: so the reactions would naturally be different.

Other occasional symptoms of Meniere's disease include headaches, abdominal discomfort, and diarrhea.

People talk about feeling extreme fatigue and exhaustion, nausea, & vomiting, the inability to concentrate, distraction, poor memory, confusion, and disorientation. We hear about extreme sensitivity to noise, light sensitivity, headaches, and night blindness. There are complaints of muscle and joint pain, and malaise due to atmospheric pressure changes. Because of these uncontrollable and depressing attacks, some people experience panic attacks.

Nystagmus or uncontrollable eye movements refers to rapid involuntary movements of the eyes that may be from side to side (horizontal nystagmus), up and down (vertical nystagmus) or rotary.

Article from http://www.menieres-disease.ca/menieres_signs_symptoms.htm

Comes The Dawn |

"After a While" Author Unknown (disputed)

After a while you learn
the subtle difference between
holding a hand and chaining a soul
and you learn
that love doesn't mean leaning
and company doesn't always mean security.

And you begin to learn
that kisses aren't contracts
and presents aren't promises
and you begin to accept your defeats
with your head up and your eyes ahead
with the grace of woman, not the grief of a child
and you learn
to build all your roads on today
because tomorrow's ground is
too uncertain for plans
and futures have a way of falling down
in mid-flight.

After a while you learn
that even sunshine burns
if you get too much
so you plant your own garden
and decorate your own soul
instead of waiting for someone
to bring you flowers.
And you learn that you really can endure
you really are strong
you really do have worth
and you learn
and you learn
with every goodbye, you learn...

Lodgepole Pine Inner Bark as Food

My name is Megan Dilbone and I am a Masters of Science student in the School of Environmental Studies at the University of Victoria. I am conducting research under the supervision of Dr. Nancy Turner that explores the harvesting and nutritional value of inner bark tissues of lodgepole pine (*Pinus contorta* Dougl.) (called **chendi** in the Tsilhqut'in language). During the month of June, I have been harvesting the ripe juicy inner bark in Tsilhqut'in territory in the vicinity of Alexis Creek. It has been so lovely to be in the bush scraping delicious bark noodles.

An important part of my project is learning from knowledgeable people that may remember harvesting or eating the sweet inner bark. I would like to learn anything people are willing to share about this traditional food. I am writing as an invitation to anyone who may want to participate in an informal interview discussing their memories of harvesting and eating the inner bark of lodgepole pine. The interview will be an informal discussion about your own experiences and recollections of harvesting or using lodgepole pine edible inner bark and any other associated products. I may ask questions such as: "How much pine inner bark do you remember your family harvesting?", "What tools were used to harvest the inner bark?", "How was the inner bark prepared and served?" and "What does this food taste like?" If you agree to be interviewed, the interview will take place in a location of your choosing and will likely last one hour. The information collected will be used as part of my Master's thesis for my studies at the University of Victoria. If you like, you can receive a copy of my paper upon completion along with your interview transcripts.

If you are interested in participating please contact me at:
mdilbone@gmail.com or call 250-532-8317

A Parent's Prayer (Source Unknown)

Heavenly Father,
Make me a better parent
Teach me to understand my children,
To listen patiently to what they have to say,
And to answer all their questions kindly.

Keep me from interrupting them,
or contradicting them.
Make me as courteous to them
as I would have them be to me.
Forbid that I should ever laugh at their mistakes,
Or resort to shame or ridicule if they displease me.

Bless me with the bigness to grant them
all their reasonable requests,
And the courage to deny them privileges
that I know will do them harm.
Make me fair and just and kind.
And fit me, O Lord,
to be loved and respected
and imitated by my children. Amen.



ST EUGENE
GOLF • RESORT • CASINO

RESORT | GOLF | CASINO | PACKAGES



Proudly First Nation!

The St. Eugene Golf Resort & Casino is located by Cranbrook & Kimberley BC within the Ktunaxa territory and is owned by a unique partnership between the Samson Cree Nation, Chippewas of Rama First Nation and the Ktunaxa Nation.

The Resort is a 4 1/2 Star, 3 Diamond property that has received many accolades including the recent designation as "Authentic Aboriginal" from Aboriginal Tourism British Columbia.

Whether you require conference facilities, fabulous golfing, delectable dining, Casino nightlife, or all of the above...St. Eugene Golf Resort & Casino welcomes your business.

WE ARE PLEASED TO OFFER YOU THE FOLLOWING STATUS RATES:

\$95 MAY 2010 - SEPT 2010

\$90 SEPT 2010 - APRIL 2011

\$95 MAY 2011 - SEPT 2011

For more information call 1.866.292.2020

For group bookings call our Sales Department at 250.420.2005



1.866.292.2020 | info@steugene.ca



Know your limit, play within it.



Open letter: UBCIC Support for Nuu-chah-nulth Legal Battle to Establish an Economic Fishery

June 16, 2010

June 16, 2010
Minister Gail Shea
Fisheries and Oceans Canada
200 Kent Street
Ottawa, Canada K1A 0E6

Via facsimile: 613-990-1886

OPEN LETTER: UBCIC RESOLUTION 2010-17, SUPPORT FOR NUU-CHAH-NULTH TRIBAL COUNCIL LEGAL BATTLE TO ESTABLISH FIRST NATIONS RIGHTS TO AN ECONOMIC FISHERY

Dear Minister Shea

We are writing with respect to the Union of BC Indian Chiefs (UBCIC) Resolution 2010-17, Support for Nuu-Chah-Nulth Tribal Council Legal Battle to Establish First Nations Rights to an Economic Fishery (enclosed), carried at the UBCIC Chiefs Council on June 3, 2010.

The UBCIC Chiefs Council applauded and celebrated the B.C. Supreme Court decision on November 3, 2009 in *Ahousaht Band and Nation v. Canada*. Five (5) Nuu-chah-nulth Nations won a major legal victory in the ruling that Nuu-chah-nulth Peoples have an Aboriginal Right to fish for any species of fish in their territories, and sell catch. Further, the B.C. Supreme Court ruled that the *Fisheries Act* and regulations pursuant to the *Act* infringe the Aboriginal Right of Nuu-chah-nulth Peoples to fish and sell catch.

However, we are deeply disappointed that Canada chose to appeal the B.C. Supreme Court decision in *Ahousaht Band and Nation v. Canada*. We are writing to alert you that the UBCIC Chiefs Council fully supports the Nuu-chah-nulth Tribal Council in their ongoing legal battle with Fisheries and Oceans; UBCIC will diligently work with like-minded organizations to proudly support the Nuu-chah-nulth.

On behalf of the UNION OF BC INDIAN CHIEFS,

[original signed]

| | | |
|------------------------------------|------------------------------|--------------------------------|
| Grand Chief Stewart Phillip | Chief William Charlie | Chief Robert Chamberlin |
| President | Vice-President | Secretary-Treasurer |

Encl: UBCIC Resolution 2010-17 Support for Nuu-chah-nulth Tribal Council Legal Battle to Establish First Nations Rights to an Economic Fishery

CC: Cliff Atleo, President, Nuu-chah-nulth Tribal Council
Grand Chief Ed John, Chief Doug White & Dan Smith, First Nations Summit
Regional Chief Jody Wilson-Raybould, BC Assembly of First Nations
First Nations Fisheries Council
Minister Chuck Strahl, Indian and Northern Affairs Canada
Minister George Abbott, BC Ministry of Aboriginal Relations and Reconciliation
Minister Barry Penner, BC Ministry of Environment

Renew Aboriginal Healing Foundation: MPs from www.msn.com

CBC - Thursday, June 17, 2010

The federal government should renew the Aboriginal Healing Foundation so it can keep supporting programs across Canada that help residential school survivors heal, according to a House of Commons committee. In its report, released Thursday, the House of Commons standing committee on aboriginal affairs and northern development says the Aboriginal Healing Foundation should receive three more years of federal funding. In turn, the committee said the foundation should continue supporting 134 community-based programs across Canada that provide counselling and healing services to those who have been affected by physical, emotional and sexual abuse from their Indian residential school experiences.

Funding ran out in March

"The committee supports the very real need to continue to provide the appropriate and meaningful supports to all those who have suffered, and continue to suffer, from the immeasurable harms of the residential schools system," the report states.

The Aboriginal Healing Foundation was established in 1998 with an original federal grant of \$350 million and a mandate to run for just 10 years. It received additional allocations totalling about \$50 million in the last two years.

But this year's federal budget did not allocate any more funds for the Ottawa-based non-profit foundation, and it expired at the end of March.

Since then, groups that were previously funded by the foundation have been scrambling to find other funding sources so they can keep their doors open.

Health Canada working out agreements

The government did commit \$65.9 million over two years for Health Canada to administer mental health and emotional support services for former residential school students and their families.

The standing committee's report notes that while Health Canada has been trying to work out agreements with some of the groups that were funded by the Aboriginal Healing Foundation, some other groups may not be eligible for Health Canada funding.

"This may leave several communities without healing supports, at least for a time, with potentially serious and disruptive effects in communities and on those who had been actively participating in treatment," the report states.

The report calls on Health Canada to work closely with the Aboriginal Healing Foundation to ensure the federal Indian residential schools health support program's mandate includes the community-based healing programs that have been funded by the foundation.

Abuse reported at schools

More than 150,000 First Nations, Métis and Inuit children were placed in more than 130 residential schools across Canada from the late 1870s until the last school closed in 1996.

Many students were forbidden to speak their native language or practise their culture at the schools, most of which were run by churches. Many were also physically, sexually and psychologically abused.

The schools were government-funded and meant to prevent parents from being involved in the "intellectual, cultural and spiritual development of aboriginal children," according to the Truth and Reconciliation Commission, which is hearing from former students at a national event in Winnipeg this week. Six more events will be held in different regions of the country.

In its report, the standing committee noted that some aboriginal groups wanted the Aboriginal Healing Foundation to continue running until the Truth and Reconciliation Commission finished its work.

"We believe this would have been considerably less disruptive to affected communities at such a critical juncture in the reconciliation process," the report states.

Community News Online & In-Class Learning
Aboriginal Small Business & Entrepreneur Development Program Register for Fall 2010

Coast Salish Territory (Vancouver) - June 22, 2010. Aboriginal small business is growing at a rate nine times faster than Canada's national average. Are you interested in taking charge of your working life through utilizing your knowledge and experience by starting your own business?

The Aboriginal Small Business & Entrepreneur Development Program welcomes all Aboriginal People – Métis, non-Status, Inuit and First Nations. Join thousands of Aboriginal people developing economic opportunities for themselves, their families and their communities.

Online Program

The Aboriginal Small Business & Entrepreneur Development Online Program will be offered in Fall 2010.

Online learning has compelling benefits for remote First Nations governments and their membership who wish to develop economically viable and sustainable businesses, for people living in rural areas, those working full time, stay-at-home Moms or Dads and others who are determined to enhance their quality of life through small business development.

A computer, computer skills and access to high speed Internet are required to attend online classes. Registrations are now open for the Fall 2010 Online Program. Course fees apply.

In-class Program

The Aboriginal Small Business & Entrepreneur Development Program is an intense 48-week program comprising 12 weeks of full-time in-class instruction (9-3 Mon-Fri) followed by 36 weeks of professional support and coaching while starting the business. Individuals are provided with a wireless laptop computer to use during the in-class component of the program. Registrations are now open for the Fall 2010 In-class Program. Course fees apply.

In-class instruction: September 13 - December 3, 2010

Location: Simon Fraser University Harbourside Campus & Tsleil-Waututh Nation

Coaching: December 6, 2010 - August 31, 2011

ATEP Employment: December 6, 2010 - May 31, 2011

Tsleil-Waututh Nation and Turtle Island Indigenous Education Corporation are proud to announce the support of the Governments of Canada and British Columbia through the **Aboriginal Training for Employment Program (ATEP)**.

ATEP **pays all course fees** to attend the 48-week Aboriginal Small Business and Entrepreneur Development Program and **coordinates a paid six-month full-time employment contract** with work beginning immediately upon successful completion of your business plan. Funding for this program is provided through the Canada-British Columbia Labour Market Agreement. Employment is provided and paid for by local businesses.

***Tsleil-Waututh Nation and Turtle Island Indigenous Education Corporation
are working together to deliver educational programs that will help to develop
social and economic opportunities with Aboriginal people living in the Pacific Northwest.***

For further information contact: Michelle Morning Star Doherty or Sylvia Schmidt Turtle Island Indigenous Education Corporation Telephone: 778 988 5401 or 604 836 9201 Website: www.turtleislandeducate.com

Subject: Car Air Conditioner-Must Read: emailed in to pass on in the EV

This has been checked on [Snopes.com](http://snopes.com) <<http://snopes.com/>> and there is truth to the article below. Again [WINDOWS-1252?] it's not saying NOT to use your air conditioner but that we should open our windows to let out the harmful fumes (Benzene) prior to turning on the AC.

No wonder more folks are dying from cancer than ever before. We wonder where this stuff comes from but here is an example that explains a lot of the cancer causing incidents. Hmm.. Many people are in their cars first thing in the morning and the last thing at night, 7 days a week. As I read this, it makes me feel guilty and ill. Please pass this on to as many people as possible. Guess it's not too late to make some changes.

Open the windows after you enter your car and turn ON the AC after a couple of minutes.

Here's why:

According to a research, the car dashboard, sofa, air freshener emit Benzene, a Cancer causing toxin (carcinogen - take time to observe the smell of heated plastic in your car).

In addition to causing cancer, Benzene poisons your bones, causes anemia and reduces white blood cells.

Prolonged exposure will cause Leukemia, increasing the risk of cancer.

Can also cause miscarriage.

Acceptable Benzene level indoors is 50mg per sq.ft. **A car parked indoors with windows closed will contain 400-800 mg of Benzene.**

If parked outdoors under the sun at a temperature above 60 degrees F, the Benzene level goes up to 2000-4000 mg, 40 times the acceptable level.

People who get into the car, keeping windows closed will inevitably inhale, in quick succession, excessive amounts of the toxin.

Benzene is a toxin that affects your kidney and liver.. What's worse, it is extremely difficult for your body to expel this toxic stuff.

So friends, please open the windows and door of your car - give time for interior to air out - dispel the deadly stuff - before you enter.

“Without winter, there can be no spring.

Without mistakes, there can be no learning.

Without doubts, there can be no faith.

Without fears, there can be no courage.

My mistakes, my fears and my doubts are my paths to wisdoms, faith and courage.”

Author unknown

**BC ELDERS
COMMUNICATION
CENTER SOCIETY**

**ADDRESS:
1415 Wewaikum Rd.
Campbell River, B.C. V9W 5W9**

**Phone: 1-250-286-9977
Fax: 1-250-286-4809
Toll-Free: 1-877-738-7288
Coordinator: Donna Stirling
Website: www.bcelders.com
Email:
bcelders@telus.net**

**‘ELDERS VOICE’ IS-
SUES
ARE SENT OUT TO
COMMUNITIES BY THE
1st OF EACH MONTH.
If your area’s copy is not re-
ceived in a timely manner
please call into the office.**

A wealthy man decided to go on a safari in Africa. He took his faithful pet dachshund along for company. One day, the dachshund starts chasing butterflies and before long the dachshund discovers that he is lost.

So, wandering about, he notices a leopard heading rapidly in his direction with the obvious intention of having him for lunch. The dachshund thinks, "OK, I'm in deep trouble now!" Then he noticed some bones on the ground close by, and immediately settles down to chew on the bones with his back to the approaching cat. Just as the leopard is about to leap, the dachshund exclaims loudly, "Boy, that was one delicious leopard. I wonder if there are any more around here."

Hearing this, the leopard halts his attack in mid-stride, as a look of terror comes over him, and slinks away into the trees. "Whew," says the leopard. "That was close. That dachshund nearly had me." Meanwhile, a monkey, who had been watching the whole scene from a nearby tree, figures he can put this knowledge to good use and trade it for protection from the leopard. So, off he goes. But the dachshund saw him heading after the leopard with great speed, and figured that something must be up.

The monkey soon catches up with the leopard, spills the beans and strikes a deal for himself with the leopard. The leopard is furious at being made a fool of and says, "Here monkey, hop on my back and see what's going to happen to that coniving canine." Now the dachshund sees the leopard coming with the monkey on his back, and thinks, "What am I going to do now?" But instead of running, the dog sits down with his back to his attackers, pretending he hasn't seen them yet ... and, just when they get close enough to hear, the dachshund says.....

"Where's that darn monkey? Sent him off half an hour ago to bring me another leopard."
from www.jokeclean.com

QUOTES: "I have learned that success is measured not so much by the position one has reached in life as by the obstacles which one has overcome while trying to succeed." Booker T Washington
"Being a good husband is like being a good stand-up comic—you need ten years before you can even call yourself a beginner." Jerry Seinfeld
"We make a living by what we get. We make a life by what we give." Winston Churchill

CANCER - The Protector (June 21 - July 22) Moody, emotional. May be shy. Very loving and caring. Pretty/handsome. Excellent partners for life. Protective. Inventive and imaginative. Cautious. Touchy-feely kind of person. Needs love from others. Easily hurt, but sympathetic.

Annual Elders Gathering Grand Entry Photos are on: www.bcelders.com each year!

ANNUAL BC ELDERS GATHERING INFORMATION CORNER

**34th Annual BC Elders Gathering
Dates July 13,14,15th 2010 (with registration beginning July 12th)
Host: Adams Lake Indian Band and the Secwepemc Nation Bands
Event Location: Sunwave Centre in Salmon Arm, BC
Project Coordinator for the 2010 BC Elders Gathering is Susan Matthew
For info Ph: 250-679-2247 Email: smatthew@alib.ca**

*****Please make Cheques/Money Orders payable to Adams Lake Band Attn: Susan Matthew**